Ministry Of Health

General directorate of Health Affairs AL-Baha



المملكة العربية السعودية وزارة الصحة المديرية العامة للشئون الصحية بمنطقة الباحة مجمع ميارا الطبي العام

Mayyara General Medical Complex

☐ ADMINISTRATE POLICY & PROCEDURE (APP)		☐ INSTITUTIONAL POLICY & PROCEDURE (IPP)	
		☐ INTERDEPARTMEN	TAL INTERNAL
	TITLE	.4.	POLICY NUMBER/V#
Waste Management			MMC-IPC-01 (1)
INITIATED DATE	EFFECTIV	E DATE REVISED DATE	
02/08/2025	01/09/	2025 01/08/2028	
REPLACES NUMBER			NO. OF PAGES
NA		05	
APPLIES TO		RESPONSIBILITY	
All staff		Nursing and housekeeping	

1. PURPOSE

1.1. To safely segregate different waste of the Medical Complex and to ensure proper handling of different types of waste in a way to protect patients, visitors, staff and environment from hazardous materials the waste may contain.

2. DEFINITION

- **2.1. Waste Management:** It is a set of procedures to ensure that the identification, segregation, collection, transportation, storage, treatment and disposal are done safely and in accordance with all applicable guidelines and standards.
- **2.2. Biohazardous**: a biological substance or materials that may pose a health hazard.
- **2.3. Willington:** are the waterproof boots which are washable and must be washed and left to dry at the end of each shift more than one pair must be readily available.

3. RESPONSIBILITY 3.1. Nursing, Housekeeping

Ministry Of Health

General directorate of Health Affairs AL-Baha



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4. CROSS

REFERENCES

4.1. NA

5. POLICY

- 5.1. All patient care areas must be provided with general waste bags and bins with yellow (bio-hazardous) bags and bins.
- 5.2. Color-coded plastic bags are to be used for containment of designated medical complex waste.
- 5.2.1. Yellow bags biohazard is to be used for Bio-hazardous waste and soiled items.
- 5.2.2. Red biohazard bags to be used for human tissues.
- 5.2.3. Black bags for general wastes.
- 5.2.4. White bags for office wastes and papers.
- 5.2.5. Orange bags for chemotherapeutic and cytotoxic drugs.
- 5.3. The bio-hazardous waste bags are collected by housekeeping personnel.
- 5.4. Bags must be transported to the main waste holding area in closed mobile containers.
- 5.5. Staff must not handle waste in the main waste holding area (external contractor responsibility).
- 5.6. Waste must not be compacted by hands.
- 5.7. Trolleys must be disinfected in the waste holding area prior to the trip back to the inside of the Medical complex.

6. PROCEDURE

6.1. Waste bins inside the patient room must always be covered.

Ministry Of Health

General directorate of Health Affairs AL-Baha



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Mayyara General Medical Complex

- 6.2. Put on appropriate gloves when handling wastes (other personal protective equipment might be used depending on the type of waste to be handled).
- 6.3. Always close the bags tight.
- 6.4. Handle waste bags according to its type:

6.4.1. NON-MEDICAL WASTE:

Place into a plastic bag lined container, transport to the temporary storage area without special precautions and discard into the covered trolley labeled for regular waste.

6.4.2. MEDICAL BIOHAZARDOUS WASTE:

Must be handled with minimum agitation, to be placed in yellow plastic bags tagged with the hazardous sign. Then transport to the temporary storage area and discard into the covered trolleys labeled for biohazardous waste.



- 6.5. Do not load waste bags and waste trolleys more than their capacity, it should be emptied when it is 2/3rd full.
- 6.6. Start collecting and transporting waste bags from top levels toward down using the elevator after clinic hours.

Waste Management

MMC-IPC-01 (1)

Ministry Of Health

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Mayyara General Medical Complex

- 6.7. The door of the waste transporting trolley must be kept closed at all given times.
- 6.8. Deliver trolleys to the waste accumulation area:
- 6.8.1. General Clinic waste in the regular trash holding area where it must be evacuated to the central garbage collect area every 2 hours.
- 6.8.2. Biohazardous waste in the medical waste holding area which will be collected by the external contractor as per the contract.
- 6.9. At all given time staff must not handle or manipulate biohazardous waste once in the medical waste holding area.
- 6.10. To evacuate waste trolleys the housekeeper must put on Willington, plastic apron, heavy duty gloves and surgical mask provided.
- 6.11. Once trolleys evacuated they must be washed in the area provided using the disinfectant (Environmental Protection Agency approved), keeping in mind that personal protective equipment is still on.
- 6.12. After disinfection remove personal protective equipment promptly and dispose of the mask and the plastic apron in the bin provided.
- 6.13. Heavy duty gloves used must be disposed at the end of the night shift and to be replaced with new pair on every morning shift

7. FORMS & ATTACHMENTS

7.1. Summary of Infectious Waste Management Plan

8. EQUIPMENT

- 8.1. White bags
- 8.2. Black bags
- 8.3. Yellow bags and red bags.

10.REFERENCES

10.1.GCC Infection prevention and control manual 3rd edition, 2018

Ministry Of Health

General directorate of Health Affairs AL-Baha Mayyara General Medical Complex



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11. APPROVAL:

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